

		Wed, 11 Nov 2009	WPF World Powerlifting Championship--results in Pounds																						
Pl-Div-WtCl	Name	Team	Age	Div	BWt (Kg)	WtCls (Kg)	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total	Coeff Score	Age & Coeff	
1-F-M5-82.5	Maria Uribe	Mexico	62	F-M5	80.2	82.5	132.28	154.32	176.37	0	176.37	132.28	154.32	-165.35	0	154.32	187.39	198.41	209.44	0	209.44	540.127	223.8565	311.83210	
1-F-M3-56	Bonnie Aerts	USA	51	F-M3	52.5	56	110.23	0	0	0	110.23	132.28	-143.3	-143.3	0	132.28	248.02	275.58	287.7	-300.93	287.7	530.2063	297.5947	341.34112	
1-F-M3-60	Sabra Callahan	USA	54	F-M3	56.2	60	242.51	253.53	264.55	0	264.55	-203.93	205.03	-209.44	0	205.03	242.51	264.55	-276.68	0	264.55	734.1318	390.7089	470.41351	
1-F-M3-82.5	Karen Parnow	USA	51	F-M3	75.6	82.5	192.9	214.95	231.48	236.99	231.48	154.32	-170.86	-176.37	0	154.32	248.02	264.55	-275.58	0	264.55	650.357	279.0405	320.05945	
1-F-M2-56	Suzanne Hedman	USA	49	F-M2	55.4	56	253.53	259.04	275.58	286.6	275.58	181.88	-192.9	-192.9	0	181.88	292.11	314.16	325.18	0	325.18	782.633	421.243	468.84345	
1-F-M2-67.5	Gayle Arrowood	USA	49	F-M2	65.8	67.5	165.35	176.37	192.9	0	192.9	115.74	126.76	-132.28	0	126.76	209.44	225.97	236.99	0	236.99	556.6615	262.52425	292.18949	
1-F-M2-75	Gia Blackwell	USA	49	F-M2	73	75	325.18	369.27	385.81	0	385.81	-220.46	225.97	-236.99	0	225.97	303.13	330.69	-352.74	0	330.69	942.4665	413.478	460.20101	
1-F-M2-82.5	Tanya Reed	USA	46	F-M2	79.4	82.5	369.27	385.81	402.34	0	402.34	303.13	308.64	-314.16	0	308.64	413.36	424.39	429.9	0	429.9	1140.8805	475.53075	507.86684	
1-F-M1-82.5	Zhalynn "Zee" Helmick	USA	42	F-M1	78.3	82.5	132.28	170.86	176.37	0	176.37	66.138	77.161	-88.184	0	77.161	170.86	220.46	225.97	0	225.97	479.5005	201.47025	205.49965	
1-F-O-56	Becky Rich	USA	28	F-O	55.9	56	264.55	275.58	-286.6	0	275.58	187.39	198.41	-209.44	0	198.41	297.62	319.67	-330.69	0	319.67	793.656	424.188	0	
1-F-O-67.5	Angela McNamara	Ireland	36	F-O	65.1	67.5	-385.81	385.81	-396.83	0	385.81	187.39	198.41	203.93	209.44	203.93	308.64	352.74	396.83	-418.87	396.83	986.5585	468.93525	0	
2-F-O-67.5	Martha Rodriguez	Mexico	31	F-O	62.9	67.5	264.55	286.6	308.64	0	308.64	154.32	165.35	176.37	0	176.37	286.6	308.64	-325.18	0	308.64	793.656	387.108	0	
1-F-O-75	Liz Freel	USA	34	F-O	70.8	75	391.32	418.87	440.92	0	440.92	281.09	303.13	330.69	0	330.69	418.87	451.94	473.99	485.01	473.99	1245.599	557.7115	0	
1-F-O-82.5	Nicolai Stern	USA	42	F-O	81.1	82.5	-451.94	-479.5	479.5	0	479.5	259.04	275.58	-286.6	0	275.58	418.87	457.45	-490.52	0	457.45	1212.53	499.51	509.5002	
1-F-O-90	Janet Loveall	USA	40	F-O	87.4	90	468.48	501.55	518.08	0	468.48	319.67	-330.69	-330.69	0	319.67	446.43	468.48	485.01	0	485.01	1273.1565	505.37025	505.37025	
1-F-O-SHW	Nicki l'Anson	USA	43	F-O	90.5	SHW	352.74	385.81	407.85	0	407.85	220.46	231.48	242.51	0	242.51	336.2	374.78	402.34	0	402.34	1052.6965	411.65275	424.41398	
1-F-J-52	Ren Yamashita	USA	20	F-J	51.8	52	275.58	303.13	319.67	0	319.67	176.37	-192.9	192.9	0	192.9	275.58	303.13	314.16	0	314.16	826.725	468.9	482.967	
1-F-J-67.5	Tanja Van Juizen	Holland	21	F-J	62.9	67.5	297.62	319.67	341.71	0	341.71	154.32	176.37	187.39	198.41	187.39	275.58	297.62	-314.16	0	297.62	826.725	403.2375	411.30225	
1-F-T-SHW	Kaiya Buechel	Great Britain	19	F-T	94.9	SHW	319.67	352.74	363.76	0	363.76	187.39	209.44	-231.48	0	209.44	286.6	325.18	352.74	-363.76	352.74	925.932	355.614	369.83856	
1-M-M6-56	Ramon Salazar Gomez	Mexico	66	M-M6	48.5	56	198.41	220.46	236.99	0	236.99	121.25	132.28	137.79	0	137.79	231.48	248.02	259.04	0	259.04	633.8225	304.175	350.13584	
1-M-M6-75	Alfredo Garcia	Mexico	68	M-M6	68.3	75	-292.11	-292.11	292.11	0	292.11	176.37	198.41	-238.1	0	198.41	297.62	314.16	-330.69	0	314.16	804.679	278.787	439.36831	
1-M-M5-75	Ron Scott	USA	63	M-M5	73.5	75	407.85	-454.15	454.15	473.99	454.15	137.79	-198.41	0	0	137.79	451.94	476.19	-485.01	0	476.19	1068.1287	350.1966	497.62936	
2-M-M5-75	Enrique Casteneda	Mexico	64	M-M5	69.9	75	220.46	242.51	264.55	0	264.55	176.37	198.41	209.44	0	209.44	242.51	275.58	-308.64	0	275.58	749.564	255.068	369.8486	
1-M-M4-75	Kari Elison	Iceland	56	M-M4	73.2	75	330.69	-363.76	-363.76	0	330.69	248.02	264.55	0	0	264.55	374.78	418.87	440.92	0	440.92	1036.162	340.703	424.51593	
1-M-M3-75	Calin Eschenasy	Germany	53	M-M3	73.2	75	-402.34	402.34	-496.04	0	402.34	286.6	-326.28	-326.28	0	286.6	418.87	-490.52	490.52	0	490.52	1179.461	387.8215	459.18065	





1-M-J-82.5	Greg Lewis	USA	20	M-J	82.1	82.5	457.45	468.48	485.01	0	485.01	408.95	-418.87	418.87	424.39	418.87	457.45	479.5	-501.55	0	479.5	1383.3865	421.61725	434.26576
2-M-J-82.5	Arwyn Brain	Great Britain	22	M-J	81.1	82.5	418.87	468.48	485.01	0	485.01	314.16	336.2	-352.74	0	336.2	440.92	473.99	501.55	0	501.55	1322.76	406.14	410.2014
1-M-J-90	Ciaran Murphy	Great Britain	23	M-J	86.1	90	-595.24	-595.24	595.24	0	595.24	286.6	-308.64	0	0	286.6	529.1	0	0	0	529.1	1410.944	418.304	0
1-M-J-100	Paul Fitzgerald	Ireland	23	M-J	99.7	100	507.06	-551.15	573.2	0	573.2	396.83	-418.87	-418.87	0	396.83	595.24	628.31	666.89	0	666.89	1636.9155	452.40525	0
2-M-J-100	Roy Reyes	Mexico	21	M-J	94.9	100	562.17	606.27	639.33	0	639.33	396.83	-418.87	418.87	0	418.87	551.15	573.2	-584.22	0	573.2	1631.404	460.502	469.71204
1-M-J-110	Cory Neumann	USA	23	M-J	108.8	110	551.15	573.2	584.22	0	584.22	-440.92	-451.94	451.94	0	451.94	584.22	622.8	-644.85	0	622.8	1658.9615	444.35125	0
2-M-J-110	Austin Sneed	USA	21	M-J	103.2	110	485.01	518.08	-540.13	0	518.08	286.6	314.16	330.69	0	330.69	534.62	584.22	-600.75	0	584.22	1432.99	390.845	398.6619
3-M-J-110	Jacob Carrillo	Mexico	23	M-J	102.3	110	-418.87	440.92	485.01	0	485.01	-330.69	341.71	-358.25	0	341.71	462.97	490.52	-518.08	0	490.52	1317.2485	360.412	0
1-M-T-82.5	Oscar Ojeda	Mexico	19	M-T	82.2	82.5	-551.15	551.15	-622.8	0	551.15	308.64	341.71	358.25	-374.78	358.25	551.15	584.22	-595.24	0	584.22	1493.6165	454.8735	473.06844
2-M-T-82.5	Robbie Martin	USA	19	M-T	79.9	82.5	352.74	402.34	424.39	0	424.39	292.11	-314.16	314.16	0	314.16	374.78	440.92	473.99	0	473.99	1212.53	375.76	390.7904
3-M-T-82.5	Vidal Rivas	Mexico	19	M-T	77.6	82.5	-440.92	-440.92	440.92	0	440.92	-209.44	209.44	-231.48	0	209.44	429.9	473.99	496.04	0	496.04	1146.392	362.076	376.55904
1-M-T-90	Dominique Bohrmann	Germany	19	M-T	87.7	90	485.01	529.1	-551.15	0	529.1	308.64	331.79	-341.71	0	331.79	507.06	595.24	-600.75	0	595.24	1456.1383	427.40955	444.50593
2-M-T-90	Ben Tickle	Great Britain	17	M-T	86.3	90	330.69	352.74	363.76	0	363.76	187.39	192.9	198.41	0	198.41	308.64	319.67	330.69	0	330.69	892.863	264.384	285.53472
1-M-T-110	Nicholas Baciu	USA	19	M-T	100.8	110	352.74	418.87	-490.52	0	418.87	336.2	385.81	402.34	0	402.34	358.25	440.92	-473.99	0	440.92	1262.1335	347.33575	361.22918
Fri, 13 Nov 2009 WPF World Powerlifting Championship, results in Pounds																								
PI-Div-WtCl	Name	Team	Age	Div	BWt (Kg)	WtCls (Kg)	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total	Coeff Score	Age & Coeff
1-M-M5-125	Brian Meek	USA	63	M-M5	119.1	125	490.52	584.22	644.85	0	644.85	292.11	-380.29	446.43	473.99	446.43	473.99	567.68	-611.78	0	567.68	1658.9615	433.36475	615.81130
1-M-M5-140	David Carter	Great Britain	62	M-M5	127.8	140	-661.38	661.38	-716.5	0	661.38	374.78	-385.81	-396.83	0	374.78	650.36	699.96	-740.75	0	699.96	1736.1225	446.8275	622.43070
0	Thomas Beck	Germany	55	M-M4	138.5	140	529.1	-573.2	573.2	0	573.2	-418.87	-418.87	-418.87	0	0	0	0	0	0	0	0	0	0
1-M-M3-125	Robert Van Der Tak	Holland	53	M-M3	124.5	125	727.52	-749.56	749.56	0	749.56	496.04	512.57	523.59	0	523.59	440.92	-446.43	551.15	0	551.15	1824.3065	471.92325	558.75712
2-M-M3-125	Fred Goldberg	USA	50	M-M3	112.9	125	451.94	-501.55	501.55	0	501.55	-562.17	-562.17	562.17	-600.75	562.17	451.94	501.55	518.08	0	518.08	1581.8005	419.02	473.4926
3-M-M3-125	Joe Dentice	USA	51	M-M3	115.2	125	479.5	523.59	-551.15	0	523.59	380.29	407.85	-413.36	0	407.85	562.17	606.27	-622.8	0	606.27	1537.7085	405.108	464.65887
4-M-M3-125	David Belcher	Great Britain	50	M-M3	113.6	125	-485.01	-485.01	485.01	0	485.01	-297.62	297.62	-330.69	0	297.62	507.06	551.15	-584.22	0	551.15	1333.783	352.715	398.56795
0	Jeff Conley	USA	51	M-M3	113.4	125	-661.38	-661.38	-661.38	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
1-M-M3-140	Alan Aerts	USA	53	M-M3	125.2	140	275.58	0	0	0	275.58	424.39	451.94	468.48	-473.99	468.48	529.1	562.17	584.22	0	584.22	1328.2715	343.24425	406.40119
1-M-M3-SHW	Nick Benjamin	USA	50	M-M3	166	SHW	644.85	672.4	688.94	0	688.94	512.57	540.13	556.66	0	556.66	545.64	567.68	-584.22	0	567.68	1813.28	444.338	502.10194
1-M-M2-125	Ron Garcia	USA	46	M-M2	113.1	125	330.69	-369.27	402.34	0	402.34	402.34	418.87	429.9	0	429.9	402.34	424.39	440.92	0	440.92	1273.1565	337.08675	360.00864
1-M-M2-140	Patrick Rhoades	USA	49	M-M2	136.1	140	523.59	573.2	606.27	0	606.27	-451.94	451.94	-479.5	0	451.94	485.01	540.13	573.2	0	573.2	1631.404	415.288	462.21554
2-M-M2-140	Ted Isabella	USA	46	M-M2	128.4	140	-755.08	755.08	-804.68	0	755.08	-314.16	314.16	0	0	314.16	314.16	0	0	0	314.16	1383.3865	355.72975	379.91937
1-M-M2-SHW	Richard Fricker	Great Britain	48	M-M2	156.4	SHW	628.31	705.47	734.13	0	734.13	358.25	391.32	407.85	0	407.85	-529.1	529.1	589.73	0	589.73	1731.7133	432.025	473.93142
2-M-M2-SHW	Eric Welch	USA	47	M-M2	144.2	SHW	473.99	551.15	-578.71	0	551.15	-429.9	-429.9	458.56	0	458.56	606.27	661.38	688.94	0	688.94	1698.6443	428.7062	463.86010

1-M-M1-125	Peter Bongers	Holland	44	M-M1	114.8	125	727.52	749.56	766.1	0	766.1	418.87	446.43	-457.45	0	446.43	650.36	683.43	-694.45	0	683.43	1895.956	499.918	521.41447
2-M-M1-125	Boris Sendatzki	Germany	40	M-M1	119.3	125	661.38	694.45	-716.5	0	694.45	440.92	473.99	490.52	0	490.52	584.22	606.27	-617.29	0	606.27	1791.2375	467.75625	467.75625
3-M-M1-125	Mark Menslage	USA	44	M-M1	117.5	125	611.78	-688.94	688.94	0	688.94	396.83	446.43	-457.45	0	446.43	-584.22	584.22	639.33	0	639.33	1774.703	465.129	485.12954
0	Robert Speno	USA	40	M-M1	130.4	140	672.4	-694.45	0	0	672.4	-529.1	-529.1	-529.1	0	0	0	0	0	0	0	0	0	0
1-M-O-125	Rufat Aghayev	Azerbaijan	34	M-O	122.9	125	887.35	-914.91	-914.91	0	887.35	562.17	578.71	589.73	0	589.73	744.05	788.14	-821.21	0	788.14	2265.2265	587.62725	0
2-M-O-125	Scott Smith	USA	39	M-O	117.9	125	837.75	881.84	909.4	0	909.4	633.82	-650.36	-650.36	0	633.82	672.4	716.5	-749.56	0	716.5	2259.715	591.835	0
3-M-O-125	Nerijus Cekas	Ireland	29	M-O	118.4	125	793.66	837.75	-881.84	0	837.75	529.1	-562.17	-584.22	0	529.1	705.47	760.59	-793.66	0	760.59	2127.439	556.612	0
4-M-O-125	Brendan Luedtke	USA	26	M-O	123.8	125	-672.4	722.01	749.56	0	749.56	473.99	501.55	-523.59	0	501.55	600.75	650.36	672.4	0	672.4	1923.5135	498.1975	0
5-M-O-125	Bill Newman	USA	25	M-O	123.9	125	672.4	-733.03	733.03	0	733.03	479.5	-529.1	-529.1	0	479.5	573.2	633.82	661.38	0	661.38	1873.91	485.265	0
0	Alan Best	USA	26	M-O	124.1	125	-903.89	903.89	-964.51	0	903.89	-606.27	-644.85	-644.85	0	0	0	0	0	0	0	0	0	0
1-M-O-140	Mark Bell	USA	32	M-O	139.7	140	848.77	-881.84	-881.84	0	848.77	793.66	-815.7	-837.75	0	793.66	666.89	722.01	-738.54	0	722.01	2364.4335	599.5275	0
2-M-O-140	Andrew Cairney	Great Britain	30	M-O	132.2	140	573.2	-683.43	727.52	0	727.52	507.06	-518.08	-518.08	0	507.06	573.2	628.31	644.85	0	644.85	1879.4215	480.72475	0
3-M-O-140	Duncan Tanner	Great Britain	38	M-O	133.8	140	573.2	617.29	-661.38	0	617.29	512.57	534.62	-551.15	0	534.62	573.2	617.29	-661.38	0	617.29	1769.1915	451.647	0
1-M-O-SHW	Lance Karabel	USA	37	M-O	148.7	SHW	909.4	953.49	1003.1	0	1003.1	622.8	650.36	-677.91	0	650.36	722.01	760.59	-777.12	0	760.59	2414.037	606.63	0
2-M-O-SHW	Sigfus Fossdal	Iceland	26	M-O	161.4	SHW	881.84	925.93	959	0	959	733.03	760.59	-771.61	0	760.59	683.43	-727.52	-727.52	0	683.43	2403.014	596.775	0
3-M-O-SHW	Daniel Harrison	USA	28	M-O	150	SHW	749.56	-821.21	-821.21	0	749.56	396.83	462.97	-473.99	0	462.97	-661.38	-705.47	705.47	0	705.47	1918.002	481.371	0
0	Vuqar Namazov	Azerbaijan	30	M-O	142.3	SHW	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
1-M-J-125	Chase Collins	USA	22	M-J	118.9	125	424.39	551.15	-606.27	0	551.15	363.76	-622.8	-622.8	0	363.76	424.39	446.43	496.04	0	496.04	1410.944	368.768	372.45568
2-M-J-125	Grant Hallock	USA	20	M-J	118.4	125	363.76	462.97	507.06	0	507.06	236.99	347.22	-380.29	0	347.22	358.25	413.36	440.92	0	440.92	1295.2025	338.87	349.0361
0	George Beckham	USA	22	M-J	123.2	125	-738.54	-755.08	-755.08	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
1-M-J-140	Pall Logason	Iceland	23	M-J	135.7	140	-837.75	837.75	881.84	0	881.84	617.29	-661.38	-661.38	0	617.29	727.52	782.63	-815.7	0	782.63	2281.761	581.1525	0
1-M-J-SHW	O'Neil Roussell	USA	23	M-J	142.6	SHW	600.75	650.36	-677.91	0	650.36	413.36	446.43	-462.97	0	446.43	518.08	551.15	600.75	0	600.75	1697.542	429.121	0
1-M-T-SHW	Blake Stockton	USA	18	M-T	150.9	SHW	562.17	600.75	-628.31	0	600.75	402.34	435.41	451.94	0	451.94	584.22	-622.8	622.8	0	622.8	1675.496	420.128	445.33568

Best lifter Open Men--Lance Karabel, USA																			
Best Lifter Master Men--Dan Martin, USA																			
Best Lifter Junior Men--Pall Logason, Iceland																			

**Men's Powerlifting Team Placings: points based on each lifters final Wilks score without age coefficient.**  
**1st place: USA Open Men's PL team: Lance Karabel, Scott Smith, Scott Layman, Chris Pappillion, Brendan Luedtke, Ed Kinsey, 3263.67 pts**  
**2nd place: Ireland: Gerard Smith, Shane Brodie, Bernard Delaney, Dave Smith, Nerijus Cekas, Angela McNamara, 3035.25 pts**  
**3rd place: Iceland: Valdimar Valdimarsson, Fjolnir Gudmannsson, Sigfus Fossdal, Pall Logason, Gunnar Runarsson, Jon Gunnarsson, 3018.84 pts**  
**4th place: Great Britan: Paul Murphy, Dean Drury, Ciaran Murphy, Mairbek Aslakhonov, David Carter, Andrew Cairney, 2845.31 pts**  
**5th place: Mexico: Salvador Lizarraga, Martha Rodriguez, Oscar Ojeda, Victor Gomez, Roy Reyes, Oswaldo Aguirre, 2758.12 pts**  
**6th place: Holland: Tanja Van Juizen, Coert Hoppenbrouwers, David Sarsjelasvili, Robert Van Der Tak, Peter Bongers, 2271.68 pts**  
**7th place: Germany: Calin Eschenasy, Dirk Schumann, Dominique Bohrmann, Thomas Beck, Boris Sendatski, 1691.58 pts**  
**8th place: Russia: Andrey Sizov, Stanislav Pryakhin, 1029.77 pts**  
**9th place: Azerbaijan: Rufat Aghayev, Vuqar, Namazov, 587.62 pts**  
**10th place: Bulgaria: Alexandar Kyurchev, 569.11 pts**

**Men's Junior PL Team placings: points based on each lifters final Wilks score with age coefficient**  
**1st place: USA Junior Men's PL team: Oneil Roussell, Greg Lewis, Eric Olmstead, Cory Neumann, Zac Tremblay, Austin Sneed, 2612.69 pts**  
**2nd place: Mexico Junior team: Salvador Lizarraga, Carlos Valdivia, Oscar Ojeda, Vidal Rivas, Roy Reyes, Jacob Carrillo, 2519.91 pts**  
**3rd place: Great Britain Junior team: Arwyn Brain, Dayle Longford, Kaiya Buechel, Ben Tickle, Ciaran Murphy, 1916.42 pts**

**Men's Master PL Team placings: points based on each lifters final Wilks score with age coefficient**  
**1st place: USA Master Men M3/M4 PL team: Michael Del Signore, Phil Andrews, Keith Kanemoto, Arthur Fu, Greg Baxter, Wayne Jandoc, 3155.81 pts**  
**2nd place: USA Master Men M1/M2 PL team: Bob Benedix, Mike Tronske, Greg Buffington, Victor Calia, Gary Grissinger, Mark Menslage, 3089.79 pts**  
**3rd place: Great Britain Master team: Maurice Green, Paul Murphy, Dean Drury, Dominic Avo, David Carter, Richard Fricker, 2998.78 pts**  
**4th place: USA Master Men M5/M6+ team: Dan Martin, Courtney Stanley, Ron Scott, Brian Meek, Roy Eriksen, 2772.75 pts**  
**5th place: Mexico Master team: Ramon Gomez, Alfredo Gomez, Enrique Castaneda, Maria Uribe, Mateo Ruiz, Victor Gomez, 2400.65 pts**

**Women's Powerlifting Team placings:**  
**1st place: USA Women's PL team: Janet Loveall, Nicolai Stern, Ren Yamashita, Becky Rich, Nicki l'Anson, Liz Freel, 2867.33 pts**

**Women's Master PL Team placings:**  
**1st place: USA Women's Master team: Tanya Reed, Sabra Callahan, Suzanne Hedman, Gia Blackwell, Karen Parnow, Bonnie Aerts, 2568.72 pts**
